Dr. Daniel Griffin's Clinical treatment summary for 07/20/2023

Clinical Course/Treatment – COVID

COVID PASSIVE VACCINATION

COVID POST-EXPOSURE PERIOD

https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html

COVID- Early Viral Upper Respiratory Non-hypoxic phase – https://www.covid.gov

- 1-Paxlovid now licensed
- 2 -Remdesivir -(approved for down to 28 days of age) 3-day early IV limited access,
- 3-Molnupiravir https://onlinelibrary.wiley.com/doi/10.1002/jmv.28011
- 4-Convalescent Plasma an early treatment option for the treatment of immunosuppressed COVID-19 patients at high risk for progression to severe disease who have no other treatment options, first week before you end up in the hospital.
- **ID Society** on convalescent plasma "Recommending against the routine use of convalescent plasma among immunocompromised patients hospitalized with COVID-19." https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/

5-Avoid: let us not do harmful things and useless things.

COVID - Early Inflammatory Lower Respiratory Hypoxic Phase - - 'Cytokine Storm'

- 1-Steroids at the right time in the right patient at the right dose. This is *after* the first week and in patients with oxygen saturations <94%. Dexamethasone 6mg a day x 6 days. *Update the HER order sets?*
- 2-Anticoagulation Guidelines from a number of organizations including ASH https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/venous-thromboembolism-guidelines/ash-guidelines-on-use-of-anticoagulation-in-patients-with-covid-19">https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/venous-thromboembolism-guidelines/ash-guidelines-on-use-of-anticoagulation-in-patients-with-covid-19
- 3-Pulmonary support.

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4-Remdesivir if not on a ventilator and still in the first 10 days from symptom onset and not yet on a ventilator

Even though we have discussed the most benefit is in those first 7 day most use might be after the first 7 days and in that 7-10 day window when people are hospitalized but this applies for the first week as well. FDA approved REMDESIVIR for COVID-19 treatment in patients with severe renal impairment including those on dialysis.

"This approval for use in patients with severe renal impairment was based on results from a Phase 1 study (GS-US-540-9015), as well as results from the Phase 3 REDPINE trial that demonstrated the pharmacokinetics (PK) and safety profile of Veklury in this population. No new safety signals were observed in either of the studies."

https://www.gilead.com/news-and-press/press-room/press-releases/2023/7/fda-approves-veklury-remdesivir-for-covid19-treatment-in-patients-with-severe-renal-impairment-including-those-on-dialysis

5-Immune modulation: Tocilizumab, the IL6-R blocker and in some cases Baricitinib, but only if there is progression and benefits outweigh risks.

6-AVOID: unnecessary antibiotics and unproven therapies

COVID- Secondary Symptomatic Phase